

# Branch 445 Bulletin

## Royal Canadian Legion

345 Lansdowne St  
Callander ON POH 1H0  
Office: 705 752-3773  
Lounge: 705 752-1322

**September 2016**



**Legion** 

<b><u>Branch Executive</u></b>		
President	Glenn Bennett	705 752-5923
Past President	Don MacDonald	705 497-3103
First Vice	Caven Ford	705 752-2951
Second Vice	Nancy Clark	705 752-5689
Third Vice	Brian Villeneuve	705 752-1813
Treasurer	Kathy Landon	705 752-5365
Secretary	Joanna Jacobs	705 752-2951
<b><u>Elected &amp; Appointed Executive Committee</u></b>		
Membership	Marc Picard	705 752-4780
Sgt. At Arms and TOD	Steve Larocque	705 776-1625
Poppy Chair	Nancy Clark	705 752-5689
Bursaries	Brian Villeneuve	705 752-1813
Bar	Caven Ford	705 752-9251
House and Property	Jim Landon	705 752-5365
Banquets	Amanda Hiscock	705 471-9469
L.A. Liaison	Don Bickerton	705 752-2204
Bylaws, Honours & Awards	Don MacDonald	705 497-3103
Seniors	Jack Else	705 752-2351
Pipe Major	Matt Plant	705 724-6535
Nevada/Lottery	Bill Bowman	705 478-9718
Sick and Visiting	Tony Gagliardi	705 752-2867
Over 50 Club Liaison	Irene Lewis	705 491-2216
Sports	Alan Clark	705 752-5689
Service officer	Patricia Burton	705 476-4726
Audit/Finance Committee	Karen Duquette	705 497-3135
Bulletin	Joanna Jacobs	705 752-2951
Website	Caven Ford	705 752-2951
Youth & Education	Bill Bowman	705 478-9718
1st Callander Scouting Rep	Caven Ford	705 752-2951
Public Relations Officer	Richard Rhindress	705 752-3935
Fundraising/ Special Events	Bill Wilson	705 752-0470
<b><u>Ladies Auxiliary Executive</u></b>		
President	Marion Smith	705 471-6819
Past President	Irene Lewis	705 491-2216
First Vice	Nancy Clark	705 752-5689
Second Vice	Lynne Lavigne	705 752-3191
Secretary	Denise Robertson	705 494-5475
Treasurer	Amanda Hiscock	705 471-9469
Sgt. At Arms	Marg Prudhomme	705 477-8144
Sports Officer	Kim Cameron	705 752-4188

## **PRESIDENT'S REPORT**

Comrades, I hope you are enjoying your summer, kids and grandkids will be back to school in September. Also remember your Legion general meeting will start again the first Thursday of each month. I would like to thank everyone for their time while they helped this summer with the many functions we hosted. The Legion would not be able to operate without all of the volunteer hours you helped with. We will be needing help for functions in the fall and winter, if you can help please call the Branch or leave your name at the bar, we sure could use the help. Remember our comrades in need of help and our service coming up in November for Remembrance day. Please take time to think about how you can help this year. Helping in the service or doing the door to door Poppy campaign, this is what we are all there for. Please give your time and help the veterans in any way you are able.

Yours in Comradeship, Glenn Bennett, President



## **LADIES AUXILIARY REPORT**

I trust everyone had a great summer. The weather was near perfect. September brings us back together for another busy Ladies' Auxiliary year. Sign up sheets are on the bulletin board for September Euchre and October Cribbage. If you need an update on your volunteer hours refer to your Sports Officer for details.

I want to thank the new Ladies' Auxiliary Executive for taking on these important roles. Each of you possess unique talents and will surely bring fresh insights to our organization.

Welcome to our two newest members Lorraine and Claire, I look forward to working with you.

May we work together for our Legion, our Veterans and our community. May your sports competitions strengthen your friendships, enhance your skills and earn you bragging rights.

Marion K. Smith  
President





## SERVICE OFFICER

If any Veterans and/or dependents are in need of assistance please contact:

**Patricia Burton at 705 476-4726**

Remember Veterans, you do not have to be a Legion member in order to receive assistance.

Yours in Comradeship, Patricia Burton



## BULLETIN

You may have noticed that the bulletin has some changes. I am in need of photos for our monthly Branch 445 Scrapbook section. If you have pictures of Legion events that you would like to see in the bulletin please email them to me at [jacobs.joanna@gmail.com](mailto:jacobs.joanna@gmail.com) or drop off the hard copies in the office for me to borrow.

Thank you,  
Joanna Jacobs

◀ Bulletin Editor .....▶

If you have not received anything in the mail or had a telephone call from the branch then we may not have your correct address and/or phone number. Please complete the following and mail to the Branch or, better still, stop in and drop it off at the lounge. Thank you.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

\_\_\_\_\_ Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_





---

## NOTICE TO ALL MEMBERS AND VOLUNTEERS

### Kitchen Regulations

Please be reminded that we ask that persons refrain from entering the kitchen area unless they are volunteering in the kitchen at that time. We need to abide by these rules for both health-related and safety regulations. Our kitchen is a life-line for generating income for our Legion and we need to abide by these regulations in order to keep our kitchen open. Thank you for your understanding.

The executive



### OUR LEGION NEEDS YOU!

The season is upon us again where we are in great need of some help. We are looking for volunteers to help with dine-ins and functions throughout the summer. You do not need to be a member of the branch to help out. This is the perfect opportunity for high school students looking to complete their volunteer hours. If you or someone you know is interested in helping out please call our Banquet Co-ordinator :

Comrade Amanda Hiscock at 705 752-3773.

Leave a message with your name, call back number and availability.

It is only through the help of volunteers that our Legion can be successful. Come on out and give it a try! We have fun!





## LESLIE'S HEALTHY EATING CORNER

### Breakfast - HASHBROWN BREAKFAST CASSEROLE - serves 6

3 cups frozen shredded hash browns  
1 1/2 cups finely chopped extra lean ham  
3/4 cup shredded cheddar cheese  
1 can (12 ounces) evaporated fat-free milk  
1 cup egg beaters  
1/4 cup sliced green onions  
1 tbsp all-purpose flour  
1/2 tsp black pepper

Lightly coat an 8 inch square baking dish with nonstick cooking spray. Layer potatoes, ham, cheese and onions in dish. Gradually whisk milk into flour in small bowl. Pour over potato mixture. Cover and refrigerate 4 to 24 hours. Preheat oven to 350 degrees. Bake uncovered, 55 to 60 minutes or until a knife inserted into center comes out clean. Remove from oven and let stand for 10 minutes before serving

### Lunch - WALDORF CHICKEN SALAD - makes 3 servings

1/4 cup chopped walnuts  
1/2 cup seedless red or green grapes, halved  
1/2 cup diced celery  
1/4 cup honey mustard  
1/2 cup chopped cooked chicken  
1 small apple diced  
1/4 cup mayonnaise  
Salt and pepper to taste

Preheat oven to 350 degrees. Bake walnuts in a single layer in a shallow pan 6 to 8 minutes or until toasted and fragrant, stirring halfway through. Stir all ingredients together and enjoy.

### Supper - CROCKPOT CHICKEN AND DUMPLINGS - serves 4

4 boneless, skinless chicken breasts  
2 cans cream of chicken soup  
1/2 can of peas  
crumbled bacon  
garlic powder  
1 can flaky biscuits  
1 can chicken broth  
sliced carrots and celery, as much as you wish  
1/2 an onion  
parsley  
salt and pepper to taste

Place chicken breasts in bottom of crock pot. Pour chicken broth and both cans of cream of chicken soup. Add in carrots, celery and onion. Add in garlic powder, salt and pepper and parsley flakes to taste. Cook on high for 3 hours. Remove chicken and shred. Add the chicken back

## MEMBERSHIP REPORT

If you haven't already done so, please take the time to stop by the bar and pay your 2016 dues. The bartender will provide you with a receipt. Once processed, your membership card will be placed at the bar for pick up.

There are also several membership cards at the bar still waiting to be picked up, so if you have already paid your dues and do not have your card, please stop in and pick it up. If there are any issues with picking up your card, please contact me and I will assist you.

A few new applications have been received over the summer, they will be reviewed and brought forward for a vote at the General Meeting in September, with initiation to follow for successful applicants at a subsequent General Meeting.

If you have had any address or telephone numbers changes, please be sure to inform the Branch so that your contact information with our Branch and with Dominion Command can remain current.

Yours in Comradeship,



## CALLANDER LEGION PIPE BAND

The Callander Legion Pipes and Drums Band is looking for pipers and drummers! For further information, please come to any practice or call me at 705 724-6535. The Band meets every Wednesday evening at 7pm at the Callander Legion.

Yours in Comradeship,  
Pipe major, Matt Plant



## BRANCH 445 WEBSITE

Comrades, as always, if you have any suggestions for improvements or items to add or things you would like to see on the site, please use the link to "email the webmaster" on the main page of the site at the bottom and let me know. Also, if you are interested in receiving your Bulletin by email, please click the [link](#) on the site to let us know. The Website is being updated often so check back periodically and see what's new.  
[www.callanderlegion.ca](http://www.callanderlegion.ca)

Yours in Comradeship,  
Caven Ford, Webmaster

# September 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 General Meeting	2 Roast Chicken Legends	3 Baseball Tournament
4 Baseball Tournament	5 Labour Day Baseball Tournament O/50 Cards	6 Fiddlers	7 O/50 Darts Scouting Registration 6:30 pm Pool room Band Practice - 7pm NB Darts 7pm	8 O/50 -O/80 Dinner	9 Friday Night Fun Darts Registration Schnitzel Timber Country	10 Wedding— Main Hall
11	12 LA meeting 7pm O/50 Cards NDL 7pm	13	14 O/50 Darts Band Practice - 7pm NB Darts 7pm	15 Executive Meeting	16 Friday Night Fun Darts Roast Beef Back in Time	17 Seniors Room Booked
18	19 O/50 Cards NDL 7pm	20	21 O/50 Darts Band Practice - 7pm NB Darts 7pm VON Foot Clinic	22	23 Friday Night Fun Darts Fish and Chips Don & Friends	24
25	26 O/50 Cards NDL 7pm	27	28 O/50 Darts Band Practice - 7pm NB Darts 7pm	29	30 Friday Night Fun Darts Steak Back in Tyme	



# October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 LA Meeting 7pm NDL 7pm	4 Fiddlers Pool league	5 O/50 Darts Band Practice - 7pm	6 General Meeting 7pm	7 Friday Night Fun Darts Roast Chicken Legends	8 Wedding Main Hall
9	10 NDL 7pm	11 O/50 Meeting 10 am Pool League	12 O/50 Darts Band Practice - 7pm	13 O/50 Potluck	14 Friday Night Fun Darts Schnitzel Back in Tyme	15 Veterans Appreciation Banquet
16 Don McKinley Painting 1pm	17 NDL 7pm	18 Pool League	19 O/50 Darts VON Foot Clinic Band Practice - 7pm	20 Executive Meeting	21 Friday Night Fun Darts Roast Beef Blackbird	22
23	24 NDL 7pm Couples Yoga 6pm	25 Pool League	26 O/50 Darts Band Practice - 7pm	27	28 Friday Night Fun Darts TBA Back in Tyme	29
30	31 NDL 7pm					

## SPORTS REPORT

The summer is coming to a close and so is the summer fun league of darting. I believe that a lot of fun was had by all that participated and that the fun will be continued into the fall and winter dart season. The first interbranch darts will take place on the 10th of September at Branch #639 Restoule. Hope to see everybody there. September 17th will see the interbranch teams at Br# 23 North Bay, on the 18th crib 4 bucks will be held at Br #639 Restoule. September 24 and 25 will see Zone 8 ball and 9 ball respectively at Br #225 Sturgeon Falls. L.A. Zone euchre is also on the 25th of September at Br # 467 Sundridge. Monday night and the Wednesday night dart leagues are about to start around the first week in September as well. September this year will be a very busy and interesting month for Legion sports. Please come out and enjoy some of these activities and support your Legion: **YOUR LEGION NEEDS YOUR SUPPORT.** Also, in closing, if you can spare some time and want to meet people and have some fun, **VOLUNTEER!!!**

Sports Officer,  
Al Clark



## SICK AND VISITING

We have a few Comrades that are in area nursing homes. Pearl Bowes and Rolly Coriveau are at Nipissing Manor. Len Guppy is at Eastholme and Mickey Gardiner is at Casselholme. Marilyn Hall is in North Bay Regional Health Centre. There are quite a few comrades recovering at home: Comrades Bill Wilson, Robert Dufresne, Elizabeth Dufresne. Comrade Leslie Cerisano is at home awaiting both chemo and radiation treatments. Comrade Joe Pigeau is going for tests and awaiting an MRI. I will be making my monthly visit to Nipissing Manor shortly to visit our Veterans. Please keep all our friends and Comrades in your thoughts and prayers.

Sick and Visiting Chair,





## POPPY REPORT

Well comrades Brian and I are starting to gear up for our poppy drive . We will need volunteers for tag day and door to door canvassers, so please keep the weekend of **October 29th and 30th** open. We need your help, our veterans helped us.

We would like to thank Knox Church of Callander for their generous donation to our poppy fund.

Also a reminder that our Veterans " Thank you" dinner is **October 15th**. You do not have to be a legion member to attend, any veteran is welcome. Tickets will be at the bar and more information will be forth coming.

In comradeship,



ORDER YOURS TO-

DAY

**Legion Supply Branch Flyer**

**Canada 150 Medal**

The Royal Canadian Legion has struck this limited edition medal to commemorate our nation's 150<sup>th</sup> Anniversary. The freedom we enjoy continues to be provided through the sacrifices of those who have fallen in service to Canada.

Available to all Legion and Ladies Auxiliary members and branches commencing June 18<sup>th</sup>, 2016. Authorized for wear on all Legion and Ladies Auxiliary uniforms commencing January 1, 2017. Metal components are polished gold plated with hard enamel accents. 10" Lengths of additional ribbon are available separately for court mounting. Supplied in custom made boxes suitable for presentation.

**100558 \$25.00**

# Branch 445 Scrapbook



Our wonderful Legion Pipe Band performed at Eastholme in Powassan. They had the honour to be joined by resident Len Guppy, former Pipe Major of the Callander Legion Pipe Band.



The Callander Legion Pipe Band also delighted the residents of Nipissing Manor with a performance as well. They represent our Legion so well. Thank you to all the members for their time, commitment and beautiful music. Wonderful Job!





# Branch 445 Scrapbook



Congratulations to this year's winners of our Summer Horseshoe League. Brenda Lalonde and Wendy McKenzie came in 1st place with 27 wins of a possible 33. Kathy Landon and John Collette came in 2nd place with 24 wins out of a possible 33.



Left: Past President Don MacDonald at our Friday Night Fun Darts. Above: Current President Glenn Bennett Representing our legion and community at the Ontario Hydro Ombudsman meeting.



Without volunteers we could not run our Legion. We are thankful for every volunteer that contributes. If you have a member or volunteer you would like to thank please send your thankyou messages or photos to [Jacobs.joanna@gmail.com](mailto:Jacobs.joanna@gmail.com). The burden is always lighter when everyone lifts... and everyone deserves to feel appreciated.

Thank you to our Schnitzel Crew



Thank You!



All photos contributed by Comrade Peter Menard. Thank

## BRANCH BAR HOURS

Monday thru Thursday: 1pm—9pm


Friday: noon—9pm

Saturday: noon—9pm

Sunday: 1pm—6pm

Phone: 705 752-1322

Don't forget that our deck is also licensed!



**l'Ami's Garden Centre**  
1377 Lakeshore Drive  
North Bay, Ontario  
P1B-8Z4  
705-472-6370  
Fax 705-472-1520  
jlami@cegeco.ca

## NORTH ONTARIO FOOD SALES

740 STOCKDALE ROAD, NORTH BAY, ONTARIO P1B 6L4

## WHOLESALE FOOD PRODUCTS

**Augustin Ostojic**

Member of Associated Food Distributors

(705) 476-5353 Fax (705) 495-4083

## BONFIELD LIONS CLUB TENT RENTALS



**20 X 20 TENTS**

**Delivery, Setup & Take Down**  
Call **05-776-2452** for Information  
or email [bonfieldlions@hotmail.ca](mailto:bonfieldlions@hotmail.ca)



**Wentworth Graham C.G.A.**

President/Administrator

Telephone 705-752-1100

Fax 705-752-2570

E mail: [nipissingmanor@bellnet.ca](mailto:nipissingmanor@bellnet.ca)

**NIPISSING MANOR NURSING CARE CENTRE**

1202 Hwy. 94  
Corbeil, Ontario  
POH 1K0



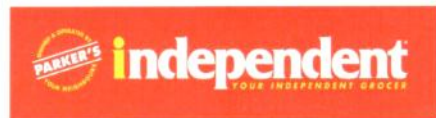
Investors Group Financial Services Inc., "I.G. Insurance Services Inc.

**LIZ BRAZEAU**  
Consultant



301 - 1350 Fisher Street, North Bay, ON P1B 2H1  
Ph. (705) 472-4731 Ext. 280 Cell (705) 358-5768  
Fax (705) 497-1566  
[liz.brazeau@investorsgroup.com](mailto:liz.brazeau@investorsgroup.com)

\* License Sponsored by The Great-West Life Assurance Company



**Stuart Parker**

Owner / Operator

**Parker's Your Independent Grocer**

1 Laurentian Avenue  
North Bay, ON P1B 9P2  
[mon02639@loblaw.ca](mailto:mon02639@loblaw.ca)

Store: 705-472-8866  
Fax: 705-472-8137  
Cell: 705-471-7588

## ATTENTION ADVERTISERS

On Behalf of the Branch , we would like to thank those businesses who advertise in our bulletin every year. A new year is upon us and we are looking for you, our faithful advertiser, to continue helping us with your contributions to help keep our bulletin financially feasible.

Please contact the office at 705 752-3773 to let us know if you would like to continue advertising, or if you would like to start advertising in our bulletin.


The cost is \$10.00 a month, \$120 yearly. Thank you for your support.




**DASH Appliances**  
AUTHORIZED WHIRLPOOL SERVICER  
SERVICING MOST MAKES & MODELS  
SERVING THE BLUE SKY REGION  
980 MAIN ST. N., UNIT A5  
CALLANDER, ON  
POH 1H0  
Phone 705.752.0468  
Fax 705.752.0469  
dashappliances@hotmail.com



**COLDWELL BANKER**  
Peter Minogue Real Estate Inc., Brokerage  
382 Fraser St., North Bay, ON P1B 3W7  
**Cindi Griffin**  
Sales Representative  
Office (24 hr): 705-474-3500  
Cell/Text: 705-498-8744  
Home: 705-729-5128  
Fax: 705-495-4423  
cindig.realestate@gmail.com  
www.cbnorthbay.com  
Independently Owned and Operated



*Whispering Pines  
Funeral Home Ltd.*  
**North Bay**  
596 Cassels St., North Bay  
**Powassan Callander**  
65 King St. Powassan 87 Lansdowne St. Callander



*a Lifetime  
Remembered...*  
**McGUINTY  
FUNERAL HOME**



**Jim's** (705) 472-2080  
**Locksmithing**  
Specializing in Commercial  
Residential and Automotive  
Locks and Keys  
**& Sharpening**  
24 Hr. Emergency Service  
315 Algonquin Ave., North Bay, ON P1B 4W1



 **Vic Fedeli**  
MPP Nipissing  
Constituency Office:  
165 Main Street East  
North Bay, ON P1B 1A9  
Phone: 705-474-8340  
vic.fedeli@pc.ola.org

Bus: (705) 752-4550

---

**CALLANDER ANIMAL HOSPITAL**  
*Ron Schweitzer D.V.M.*

---

1878 Hwy. 94  
Callander, ON  
Callander, ON  
POH 1H0